Asia Pacific Conference on Clinical Nutrition 2026 (APCCN2026)
"Nourishing a Sustainable Future"

November 23 – 24, 2026

Mayfair Grand Ballroom, The Berkeley Hotel Pratunam, Bangkok, Thailand
(Hybrid Meeting Platform)

Day 1 (Monday November 23, 2026)

Time	**Program/Activity**	
8.00-9.00	Registration	
9.00-9.20	**Opening Ceremony** Welcome Speech (by APCNS and TDA President)	
9.20-10.00	**Speech of the 2025 and 2026 APCNS Awardee**	
10.00-10.30	**Keynote Lecture** Clinical Nutrition and Public Health: Working Together for a Sustainable Future *Professor Emeritus Dr. Kraisid Tontisirin* *(Former Director, Food and Nutrition Division, FAO, Italy)*	
10.30-11.00	Coffee/Tea Break and Poster Presentation Visit	
11.00-11.30	**Plenary Lecture 1** Evolving Diets in Asia and Implications for Cardiometabolic Health *Professor Dr. Duo Li (Qingdao University, China)*	
11.30-12.00	**Plenary Lecture 2** From Challenge to Change: Rethinking Global Nutrition and Strengthening Nutrition Workforce Competencies *Professor Dr. Chizuru Nishida (President, Asia Pacific Clinical Nutrition Society)*	
12.00-13.00	Lunch Break	
	Room A	**Room B**
13.00-14.30	**Symposium 1** Emerging Issues about Macro- and Micronutrients in Clinical Nutrition	**Symposium 2** Linking Clinical Nutrition with Communities and the Public Health
14.30-15.00	Coffee/Tea Break and Poster Presentation Visit	
15.00-16.30	**Symposium 3** Integrating Medicine and Clinical Nutrition for Obesity Care	**Symposium 4** Monitoring Food Environments and Accountability for Healthier Diets in Asia

Day 2 (Tuesday November 24, 2026)

Time	Program/Activity	
8.00-9.00	Check-in	
9.00-10.30	**Symposium 5** Personalized Nutrition for Non-communicable Diseases	**Symposium 6** Dietary Patterns and NCDs in the Asia-Pacific
10.30-11.00	Coffee/Tea Break and Poster Presentation Visit	
11.00-12.00	**Free Papers** (oral presentation 8 minutes without questions ~6 presenters)	**Free Papers** (oral presentation 8 minutes without questions ~6 presenters)
12.00-13.00	Lunch Break	
13.00-13.30	**Plenary Lecture 3** Food Systems at a Crossroads: Aligning Diet, Health, and Sustainability in the Asia-Pacific *Professor Dr. Boyd Swinburn (University of Auckland, New Zealand)*	
13.30-14.00	**Plenary Lecture 4** The Emerging Role of Nutrition on Immunity and Inflammatory Responses in Aging: Implications for Sarcopenia, Frailty, and more *Professor Dr. Sung Nim Han (Seoul National University, South Korea)*	
14.00-14.30	**Plenary Lecture 5** Nutrition and Health Equity towards Sustainable Future *Dr. Attasit Dangmanee* *(Director, Bureau of Nutrition, Ministry of Public Health, Thailand)*	
14.30-15.00	Closing Ceremony	

Symposiums:

Symposium 1: Emerging Issues about Macro- and Micronutrients in Clinical Nutrition (90 mins)
Moderator: Assoc. Prof. Dr. Wantanee Kriengsinyos (Thailand)

- Topic 1: (25 mins) Optimizing Protein Intake in Asian Older Adults
    - Assoc. Prof. Dr. Wantanee Kriengsinyos (Mahidol University, Thailand)
- Topic 2: (25 mins) The Saturated Fat Controversy: What is Optimal for the Asia Pacific?
    - Dr. Kelei Li (Qingdao University, China)
- Topic 3: (25 mins) Evidence-based Approach to Micronutrient Assessment in Clinical Nutrition
    - Asst. Prof. Dr. Sanit Wichansawakun (Thammasat Hospital, Thailand)

Symposium 2: Linking Clinical Nutrition with Communities and the Public Health (90 mins)
Moderator: Dr. Thanit Vinitchagoon (Thailand)

- Topic 1: (25 mins) Diet–Diseases Studies in Asian Populations and Implications for Nutrition Guidelines and Recommendations in the "Eastern" World
    - Prof. Dr. Jung Eun Lee (Seoul National University, South Korea)
- Topic 2: (25 mins) "Food is Medicine" Concept and Potential Applications in the Asia Pacific
    - Dr. Thanit Vinitchagoon (Mahidol University, Thailand)
- Topic 3: (25 mins) Lessons Learned from Pediatric Home Enteral Nutrition Services in Thailand
    - Assoc. Prof. Dr. Oraporn Dumrongwongsiri (Ramathibodi Hospital, Thailand)

Symposium 3: Integrating Medicine and Clinical Nutrition for Obesity Care (90 mins)
Moderator: Asst. Prof. Dr. Chatrapa Hudthagosol (Thailand)

- Topic 1: (25 mins) Very-low-calorie Diet and Macronutrient Composition: Does It really Matter?
    - Col.Dr. Sirakarn Tejavanija (Phramongkutklao Hospital, Thailand)
- Topic 3: (25 mins) Nutrition Recommendations for GLP-1 Therapy in Obesity Care
    - Samitti Chotsriluecha (Thai Dietetic Association, Thailand)
- Topic 4: (25 mins) Management of Sarcopenic Obesity and Malnutrition in Older Adults
    - Prof. Wei Chen (Peking Union Medical College Hospital, China)

Symposium 4: Monitoring Food Environments and Accountability for Healthier Diets in Asia: Insights from INFORMAS and WHO Perspectives (90 mins)
Moderator: Prof. Dr. Boyd Swinburn (New Zealand)

- Topic 1: (10 mins) INFORMAS Introduction
    - Prof. Dr. Gary Sacks (Deakin University, Australia)
- Topic 2: (12 mins) Turning the Tide on Unhealthy Diets in Southeast Asia: Regional Realities and the Steps to Impactful Change
    - Dr. Angela de Silva (WHO Regional Office for Southeast Asia)
- Topic 3: (36 mins) INFORMAS Presentation
    - Prof. Dr. Tilakavati Karupaia (INFORMAS Asia & Malaysia)
    - Dr. Salome Antonette Rebello (INFORMAS Singapore)
    - Assoc. Prof. Dr. Sirinya Phulkerd (INFORMAS Thailand)
- Topic 4: (20 mins) Panel Discussion

Symposium 5: Personalized Nutrition for Non-communicable Diseases (90 mins)
Moderator: Assoc. Prof. Dr. Jessica Biesiekierski (Australia)

- Topic 1: (20 mins) Personalized Nutrition Care for Gut Health and Disorders
    - Assoc. Prof. Dr. Jessica Biesiekierski (University of Melbourne, Australia)
- Topic 2: (20 mins) Personalized Nutrition Care in Type 2 Diabetes through Continuous Glucose Monitoring
    - Prof. Dr. Winnie Chee Siew Swee (International Medical University, Malaysia)
- Topic 3: (20 mins) Personalized Nutrition and Diabetes Remission: Thailand Case-study
    - Assoc. Prof. Dr. Petch Rawdaree (The NCD Alliance Association, Thailand)
- Topic 4: (20 mins) Early-Life Nutrition and the Developmental Origins of NCD Risk
    - Dr. Dian Caturini Sulistyoningrum (Universitas Gadjah Mada, Indonesia)

Symposium 6: Dietary Patterns and Non-communicable Diseases in the Asia-Pacific (90 mins)
Moderator: Asst. Prof. Dr. Chanida Pachotikarn (Thailand)

- Topic 1: (25 minutes) Case-study of Policy and Programs to Reduce Sodium Intake in Thailand
    - Assoc. Prof. Dr. Surasak Kantachuvesiri (Ramathibodi Hospital, Thailand)
- Topic 2: (25 minutes) Asian Dietary Patterns and NCDs: Evidence and Recommendations
    - Asst. Prof. Dr. Chanida Pachotikarn (Thai Dietetic Association, Thailand)
- Topic 3: (25 minutes) Ultra-processed Foods and NCDs in the Asia-Pacific
    - Prof. Dr. Purwiyatno Hariyadi (IPB University (Bogor Agricultural Univesity), Indonesia)