



Asia Pacific Conference on Clinical Nutrition 2026 (APCCN2026) “Nourishing a Sustainable Future”

November 23 – 24, 2026

**Mayfair Grand Ballroom, The Berkeley Hotel Pratunam, Bangkok, Thailand
(Hybrid Meeting Platform)**

Day 1 (Monday November 23, 2026)

Time	Program/Activity	
8.00-9.00	Registration	
9.00-9.20	Opening Ceremony Welcome Speech (by APCNS and TDA President)	
9.20-10.00	Speech of the 2025 and 2026 APCNS Awardee	
10.00-10.30	Keynote Lecture Clinical Nutrition and Public Health: Working Together for a Sustainable Future <i>Professor Emeritus Dr. Kraisid Tontisirin</i> (Former Director, Food and Nutrition Division, FAO, Italy)	
10.30-11.00	Coffee/Tea Break and Poster Presentation Visit	
11.00-11.30	Plenary Lecture 1 Food Systems at a Crossroads: Aligning Diet, Health, and Sustainability in the Asia-Pacific <i>Professor Dr. Boyd Swinburn</i> (University of Auckland, New Zealand)	
11.30-12.00	Plenary Lecture 2 From Challenge to Change: Rethinking Global Nutrition and Strengthening Nutrition Workforce Competencies <i>Professor Dr. Chizuru Nishida</i> (President, Asia Pacific Clinical Nutrition Society)	
12.00-13.00	Lunch Break	
	Room A	Room B
13.00-14.30	Symposium 1 Emerging Issues about Macro- and Micronutrients in Clinical Nutrition	Symposium 2 Linking Clinical Nutrition with Communities and the Public Health
14.30-15.00	Coffee/Tea Break and Poster Presentation Visit	
15.00-16.30	Symposium 3 Integrating Medicine and Clinical Nutrition for Obesity Care	Symposium 4 Monitoring Food Environments and Accountability for Healthier Diets in Asia

Day 2 (Tuesday November 24, 2026)

Time	Program/Activity	
8.00-9.00	Check-in	
9.00-10.30	Symposium 5 Personalized Nutrition for Non-communicable Diseases	Symposium 6 Dietary Patterns and NCDs in the Asia-Pacific
10.30-11.00	Coffee/Tea Break and Poster Presentation Visit	
11.00-12.00	Free Papers (oral presentation 8 minutes without questions ~6 presenters)	Free Papers (oral presentation 8 minutes without questions ~6 presenters)
12.00-13.00	Lunch Break	
13.00-13.30	Plenary Lecture 3 Evolving Diets in Asia and Implications for Cardiometabolic Health <i>Professor Dr. Duo Li (Qingdao University, China)</i>	
13.30-14.00	Plenary Lecture 4 The Emerging Role of Nutrition on Immunity and Inflammatory Responses in Aging: Implications for Sarcopenia, Frailty, and more <i>Professor Dr. Sung Nim Han (Seoul National University, South Korea)</i>	
14.00-14.30	Plenary Lecture 5 Nutrition and Health Equity towards Sustainable Future <i>Dr. Attasit Dangmanee (Director, Bureau of Nutrition, Ministry of Public Health, Thailand)</i>	
14.30-15.00	Closing Ceremony	

Symposiums:

Symposium 1: Emerging Issues about Macro- and Micronutrients in Clinical Nutrition (90 mins)

Moderator: Assoc. Prof. Dr. Wantanee Kriengsinyos (Thailand)

- Topic 1: (25 mins) Optimizing Protein Intake in Asian Older Adults
 - o Assoc. Prof. Dr. Wantanee Kriengsinyos (Mahidol University, Thailand)
- Topic 2: (25 mins) The Saturated Fat Controversy: What is Optimal for the Asia Pacific?
 - o Dr. Kelei Li (Qingdao University, China)
- Topic 3: (25 mins) Evidence-based Approach to Micronutrient Assessment in Clinical Nutrition
 - o Asst. Prof. Dr. Sanit Wichansawakun (Thammasat Hospital, Thailand)

Symposium 2: Linking Clinical Nutrition with Communities and the Public Health (90 mins)

Moderator: Dr. Thanit Vinitchagoon (Thailand)

- Topic 1: (25 mins) Diet–Diseases Studies in Asian Populations and Implications for Nutrition Guidelines and Recommendations in the “Eastern” World
 - o Prof. Dr. Jung Eun Lee (Seoul National University, South Korea)
- Topic 2: (25 mins) “Food is Medicine” Concept and Potential Applications in the Asia Pacific
 - o Dr. Thanit Vinitchagoon (Mahidol University, Thailand)
- Topic 3: (25 mins) Lessons Learned from Pediatric Home Enteral Nutrition Services in Thailand
 - o Assoc. Prof. Dr. Oraporn Dumrongwongsiri (Ramathibodi Hospital, Thailand)

Symposium 3: Integrating Medicine and Clinical Nutrition for Obesity Care (90 mins)

Moderator: Asst. Prof. Dr. Chatrapa Hudthagosol (Thailand)

- Topic 1: (25 mins) Very-low-calorie Diet and Macronutrient Composition: Does It really Matter?
 - o Col.Dr. Sirakarn Tejavaniya (Phramongkutklao Hospital, Thailand)
- Topic 3: (25 mins) Nutrition Recommendations for GLP-1 Therapy in Obesity Care
 - o Samitti Chotsriluecha (Thai Dietetic Association, Thailand)
- Topic 4: (25 mins) Management of Sarcopenic Obesity and Malnutrition in Older Adults
 - o Prof. Wei Chen (Peking Union Medical College Hospital, China)

Symposium 4: Monitoring Food Environments and Accountability for Healthier Diets in Asia: Insights from INFORMAS and WHO Perspectives (90 mins)

Moderator: Prof. Dr. Boyd Swinburn (New Zealand)

- Topic 1: (10 mins) INFORMAS Introduction
 - o Prof. Dr. Gary Sacks (Deakin University, Australia)
- Topic 2: (12 mins) Turning the Tide on Unhealthy Diets in Southeast Asia: Regional Realities and the Steps to Impactful Change
 - o Dr. Angela de Silva (WHO Regional Office for Southeast Asia)
- Topic 3: (36 mins) INFORMAS Presentation
 - o Prof. Dr. Tilakavati Karupaia (INFORMAS Asia & Malaysia)
 - o Dr. Salome Antonette Rebello (INFORMAS Singapore)
 - o Assoc. Prof. Dr. Sirinya Phulkerd (INFORMAS Thailand)
- Topic 4: (20 mins) Panel Discussion

Symposium 5: Personalized Nutrition for Non-communicable Diseases (90 mins)

Moderator: Assoc. Prof. Dr. Jessica Biesiekierski (Australia)

- Topic 1: (20 mins) Personalized Nutrition Care for Gut Health and Disorders
 - o Assoc. Prof. Dr. Jessica Biesiekierski (University of Melbourne, Australia)
- Topic 2: (20 mins) Personalized Nutrition Care in Type 2 Diabetes through Continuous Glucose Monitoring
 - o Prof. Dr. Winnie Chee Siew Swee (International Medical University, Malaysia)
- Topic 3: (20 mins) Personalized Nutrition and Diabetes Remission: Thailand Case-study
 - o Assoc. Prof. Dr. Petch Rawdaree (The NCD Alliance Association, Thailand)
- Topic 4: (20 mins) Early-Life Nutrition and the Developmental Origins of NCD Risk
 - o Dr. Dian Caturini Sulistyoningrum (Universitas Gadjah Mada, Indonesia)

Symposium 6: Dietary Patterns and Non-communicable Diseases in the Asia-Pacific (90 mins)

Moderator: Asst. Prof. Dr. Chanida Pachotikarn (Thailand)

- Topic 1: (25 minutes) Case-study of Policy and Programs to Reduce Sodium Intake in Thailand
 - o Assoc. Prof. Dr. Surasak Kantachuvesiri (Ramathibodi Hospital, Thailand)
- Topic 2: (25 minutes) Asian Dietary Patterns and NCDs: Evidence and Recommendations
 - o Asst. Prof. Dr. Chanida Pachotikarn (Thai Dietetic Association, Thailand)
- Topic 3: (25 minutes) Food Away from Home and NCD Risks: Asian Perspective
 - o Prof. Dr. Tee E-Siong (Nutrition Society of Malaysia, Malaysia)